



The African-American community's view of behavioral health -- how these ideas were formed and what can be done to decrease the stigma



Presented By:

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FRIDAY

September 20, 2019

9:00am - 4:00pm

**Executive Inn &
Suites Hotel**

1755 Embarcadero

Oakland, CA 94606

**Event is free to attend &
lunch will be provided**

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Target Audience:

Alameda County mental health prescribers, clinicians, any individual, group or organizational provider.

Description:

If we are to effectively understand and address mental health stigma in the African American community, we must first be able to accurately conceptualize stigma processes, the factors that produce and sustain such processes, and the mechanisms that lead to stigma outcomes. In the African-American community mental health issues are often compounded by the psychological stress of systematic racism. In black communities persons are often reluctant to seek both physical and mental health care this can often be attributed to the general distrust of the medical establishment. This distrust is not without merit, historically African-Americans have been misdiagnosed at a higher rate than their white partners, and black communities have been exploited by the United States government and the medical community in the name of medical advancement.

Learning Objectives:

At the completion of this workshop the learners will be able to:

1. Many researchers have defined stigma in terms of the presence and convergence of four interrelated components. Participants will be able to list and define those four components.
2. Participants will be able to define and give examples of the three major types of stigma – public stigma, self-stigma, and institutional stigma.
3. Participants will be able to describe at least one formulation of the cycle of stigma.
4. The interplay of culture, stigma, and power can be complex. Participants will be able to describe how each of these components, and their interplay, uniquely affect mental health stigma in the African-American community.
5. Participants will be able to describe at least two tools for quantifying stigma, and how to use those tools to effectively challenge/combat mental health stigma in the African-American community.

This course meets the qualifications for 4.0 hours of continuing education credit for RNs by the California Board of Registered Nurses, BRN Provider No. 12040; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0620; for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; and for Psychologists as an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBHCS maintains responsibility for this program/course and its content. Please note: in order to receive CE credit, you must attend the full training and complete an evaluation.

Continuing Education Certificates will be emailed to qualifying training participants within 30 days of the training